



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KROCODILE SWIM TEAM

Preseason Practice Schedule

FREE TRIAL Aug. 31st-Sept 11th 2026

KNOX COUNTY YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday
New KROCS	4:30-5:30pm YMCA	GHS Dive Meet -No Practice	4:30-5:30pm YMCA	4:30-5:30pm YMCA	4:30-5:15pm YMCA
Returning KROCS	5:45-7:30pm GHS	7:00-8:30pm GHS after Swim Meet	5:45-7:30pm GHS	5:45-7:30pm GHS	5:15-6:30pm YMCA

